

## VAWSC District Representative Report

Date of meeting – August 5, 2023

District Name and Number – Albemarle, 001

DR name and email – Ed Webster, websterdesigns@yahoo.com

We currently have 13 meetings in our district, 11 Al-Anon, 1 Alateen, 1 Newcomers

5 Face to face, 4 Hybrid and 4 Virtual only.

### Successes:

We had an in person Spring Workshop, we held it at a different location. Changed the format a little by having an optional bring your own lunch for after the official workshop so we could have a little more time to socialize. We also left a little more time between the sessions to give people more social interaction, this was a request from our previous workshop.

In the groups I regularly attend I have seen an increase of attendance in person, the numbers are getting back to where they were before the pandemic.

Our Alateen group is hybrid. Attendance is in a lull right now. Hoping it is just the summer season.

Our public outreach “Adopt a Spot” campaign is going well getting the word out to local Doctors, mental health providers and businesses.

### Challenges:

We lost one of our new meetings due to poor attendance.

### Upcoming:

Currently we are in the early planning for a Fall Workshop.

Respectively submitted,

Ed Webster, DR Albemarle, 001